



# The Theberton Lionesses invite you to **Ladies' Night**

**Friday 16<sup>th</sup> September from 18:30  
at Snape Village Hall**

**A fun evening exploring health and beauty with friends**

**The programme includes:**

- ❖ Never wear the wrong colour again! Find out what it means to be an Autumn, Winter, Spring or Summer through colour analysis.
- ❖ Bring out the best in your features with professional make-up demonstrations
  - ❖ How to do the best facial at home
  - ❖ How to dress hair for that special occasion
- ❖ Plus beauty mini massages & mini manicures on offer during the evening

**Audience participation is encouraged!**

- ❖ Colour analysis draping – have your say on what you think works best
  - ❖ The Compliments Game
  - ❖ Dress for Success – get our model ready for her big interview
- ❖ Work out your face and body shape and find the right clothes & hair-style for *you!*

The ticket price of **£18.50** includes your first drink, a supper platter of dips, breads and meze/tapas style treats while you watch the demonstrations and after the break a selection of small desserts.

**Any groups booking 6 or more seats will have a bottle of wine for the table included in the price as well, to entice you to come along!**

**Other items:**

Raffle for luxury hampers  
Bar for wine and soft drinks

Exhibitor stalls include vintage jewellery/clothing; silk scarves and wraps; homemade beauty products; handmade jewellery/trinkets; handmade silk flowers

**TICKETS AVAILABLE FROM SUZI COOPER ON 01728 635 736  
EMAIL [thebertonlionesses@hotmail.com](mailto:thebertonlionesses@hotmail.com)**

The Theberton Lionesses are a social group raising funds for  
East Anglia's Children's Hospice and St Elizabeth Hospice.

Chair Suzi Cooper, Treasurer Helen Lagden and Secretary Elizabeth McDonald

Contact details: 01728 635736: email [thebertonlionesses@hotmail.com](mailto:thebertonlionesses@hotmail.com): [www.facebook.com/thebertonlionesses](http://www.facebook.com/thebertonlionesses)